

HYMNS FOR SUNDAY MASSES

ENTRANCE	807 Praise my soul the King of Heaven
KYRIE, GLORIA, SANCTUS & AGNUS DEI	Mass of Christ the Saviour
GOSPEL ACC	539
OFFERTORY	302 Breathe on me, breath of God
MEMORIAL ACC	Missa Simplex
OUR FATHER	Said
COMMUNION	899 Lord make me a means of your peace
RECESSIONAL	847 O Lord all the world belongs to you

CAN YOU HEAR ME?

Many parishioners have commented that they are not able to hear during Mass. This is because our sound system is over 15 years old and is in desperate need of an update! The Parish has obtained 4 quotes for an entire replacement and the best option will cost the parish in the region of £15k. We have recently installed a new card machine in the Porch of the church as requested by the Diocese. There is an option to make a donation to the Sound System Fund on there should you wish to contribute! Thank you.

MASS INTENTIONS

It might be a relative's birthday, wedding, baptism or you just want to thank them for their kindness. What better way to show your appreciation than to have a Mass offered for their intentions? We are also aware that unless we are living Saint's, all of us will need the prayers of our living relatives and especially the Mass offered for the repose of our souls when we die. Therefore, when someone dies, it is our duty to pray for them and to have Mass offered for them. We offer Mass at the time of their death, their anniversary, perhaps on their birthday or other notable dates in their lives. Having Mass offered is a way of showing our love both for the living and the dead. Please book these through the Parish Office.

FLAME 2023

Flame 2023 takes place on Saturday 4th March and is open to people aged 14 to University age. There's live music, speakers and workshops and it is always a fantastic day out. The tickets are £24 and can be purchased through the Parish office. We have our Confirmation candidates and Catechists attending so there will be a responsible adult attending this event with the young people. The attendees from Kensal Rise will be in a group the whole day, meeting at Willesden Green Tube Station in the morning and returning the same day. For more information, take a leaflet from the back of the Church.

First Holy Communion & Confirmation Cards are available from the Parish Office.

Confirmation Class on Mondays 6:30pm—7:30pm	"Why did Jesus have to die?" on 20th February in Kensal Rise
First Holy Communion Class on Mondays 5:30pm—6:30pm	"Celebration, our Rescue" at SMM school on 20th February

MASS INTENTIONS

18th February 2023 – 25th February 2023

Date	Time	Intention
Sat 18th	5pm	People of the Parish
Sun 19th	8am	Gina Poulter RIP
	10am	Louis Charles Bading (Anniversary)
	11:30am	Italian Mass
Tues 21st	10am	Paddy Tighe RIP SHROVE TUESDAY
Wed 22nd	10am	Suzanne Christie RIP ASH WEDNESDAY
	7pm	Vincey Tighe RIP ASH WEDNESDAY
Thur 23rd	10am	John Serhal (Birthday Intentions)
Fri 24th	10am	Garigan Family RIP
Sat 25th	5pm	Jose Ramos RIP

Main Altar Sanctuary Lamp	People of the Parish
Sacred Heart	Paddy & Vincey Tighe RIP
Our Lady	The people of Syria & Turkey

Thank you for your generous contribution during these times. We currently do not have a card machine so for bank transfers, the details are -
 HSBC Bank: WRC DT Kensal Rise
 Sort code: 40-05-20 Account no: 41094882

LENT SMALL PRAYER GROUP

The Small Prayer Group meet every Thursday during Lent after 10am Mass. Please do pop up to the Newman Room to take part!

MRS ALICIA SHACKLETON RIP

The funeral for the late Alicia Shackleton will take place here on Monday 20th February at 12noon. Please keep Alicia and her family in your prayers during this difficult time.

CAFOD Syria-Turkey Earthquake Appeal

CAFOD is responding with support of provision of food, water, shelter, medical assistance and winter kits for survivors. Your donations in recent months have made that quick response possible. Let us join CAFOD in praying for our sisters and brothers affected by the earthquakes and the winter weather. Your support for CAFOD throughout the year allows our Catholic agency to act quickly when disasters strike. For more details visit CAFOD's Syria Turkey Emergency Appeal online at <https://cafod.org.uk/give>.

CAFOD Lent Fast Day

Next weekend, we look forward to hearing from our CAFOD Rep, Stephen, who will be speaking about the upcoming Lent Fast Day.

CARDINAL'S LENTEN APPEAL

Parishioners can pick up a Cardinal's Lenten Appeal donation leaflet at the back of church. Funds raised this year will be shared between the four pillars of the Cardinal's Lenten Appeal: Marriage & Family Life; Youth & Evangelisation; The Education Service and Caritas Westminster.

THE TRANSFIGURATION CATHOLIC CHURCH KENSAL RISE



Chamberlayne Road, NW10 3HT

SEVENTH SUNDAY IN ORDINARY TIME

Tel: 020 454 23716

Email: kensalrise@rcdow.org.uk

Web: www.transfigparishkensalrise.org.uk

Facebook Page: www.facebook.com/COTTKR

19th February 2023

Love your enemies (Mt 5:38-48)

PARISH TEAM

Parish Priest
Monsignor Roger Reader
rogerreader@rcdow.org.uk

Assistant Priest
Fr Allan Alvarado Gil
allanalvarado@rcdow.org.uk

Italian Chaplaincy
Fr Natalino Mignolli

Parish Secretary
Chelsea Bottomley
kensalrise@rcdow.org.uk
 Parish office open: Mondays, Tuesdays, Wednesdays & Thursdays 9:30am - 2:00pm

Sunday Masses: (Sat 5pm)
 Sun 8am & 10am
Italian Mass: Sun 11:30am
Weekday Masses:
 Tues, Wed, Thurs & Fri 10am
Confession: Sat 4pm before Mass or by appointment
Exposition: Tuesday, Wednesday, Thursday & Friday before Mass

LAST WEEK'S OFFERING
 £471.48

JANUARY'S STANDING ORDERS
 £3,427

JANUARY CONTACTLESS INCOME
 £185.84

Thank you for your contribution to the Parish!

 This Parish is part of Westminster Roman Catholic Diocesan Trust (WRC DT) Registered Charity No: 233699

Meditation: If someone insults you or tries to take advantage of you, how do you respond? Do you repay in kind? Jesus approached the question of just retribution with a surprising revelation of God's intention for how we should treat others, especially those who mistreat us. When Jesus spoke about God's law, he did something no one had done before. He gave a new standard based not just on the requirements of justice - giving each their due - but based on the law of grace, love, and freedom.

Grace of the Holy Spirit

What makes a disciple of Jesus Christ different from everyone else? What makes Christianity distinct from any other religion? It is grace - treating others, not as they deserve, but as God wishes them to be treated - with loving-kindness and mercy. Only the cross of Jesus Christ can free us from the tyranny of malice, hatred, revenge, and resentment and gives us the courage to return evil with good. Such love and grace has power to heal and to save from destruction. The Lord Jesus suffered insult, abuse, injustice, and death on a cross for our sake. Scripture tells us that the blood of Jesus Christ cleanses us from all sin and guilt (Matthew 26:28; Ephesians 1:7, I John 1:7, Revelation 1:5). Since God has been merciful towards us through the offering of his Son, Jesus Christ, we in turn are called to be merciful towards our neighbour, even those who cause us grief and harm.

How can we possibly love those who cause us harm or ill-will? With God all things are possible. He gives power and grace to those who believe and accept the gift of the Holy Spirit. His love conquers all, even our hurts, fears, prejudices and griefs. Only the cross of Jesus Christ can free us from the tyranny of malice, hatred, revenge, and resentment and gives us the courage to return evil with good. Such love and grace has power to heal and to save from destruction. Do you know the power and freedom of Christ's redeeming love and mercy?

Freedom and power to love as God loves

God knows our sinfulness and weaknesses better than we do - and he assures us of his love, mercy, and help. That is why he freely gives us his power, strength, and gifts so that we may not lack anything we need to do his will and to live as his sons and daughters (2 Peter 1:3). Do you want to grow in your love for God and for your neighbour? Ask the Holy Spirit to purify and transform you in the image of the Father that you may know and live in the joy and freedom of the Gospel.

Prayer

Lord Jesus, your love brings freedom and pardon. Fill me with your Holy Spirit and set my heart ablaze with your love that nothing may make me lose my temper, ruffle my peace, take away my joy, nor make me bitter towards anyone.

PLEASE PRAY FOR ALL THOSE IN THE PARISH WHO ARE SICK AND/OR HOUSEBOUND AND ALSO THOSE WHO HAVE NOBODY ELSE TO PRAY FOR THEM

Fr Allan