

**HYMNS FOR SUNDAY MASSES**

ENTRANCE	644 Alleluia, sing to Jesus
KYRIE, GLORIA, SANCTUS & AGNUS DEI	Mass of Christ the Saviour
GOSPEL ACC	540
OFFERTORY	874 Take my Life
MEMORIAL ACC	Missa Simplex
OUR FATHER	Said
COMMUNION	980 Your words are spirit and life
RECESSIONAL	794 God is love, his the care

**CAN YOU HEAR ME?**

Many parishioners have commented that they are not able to hear during Mass. This is because our sound system is over 15 years old and is in desperate need of an update! The Parish has obtained 4 quotes for an entire replacement and the best option will cost the parish in the region of £15k. We have recently installed a new card machine in the Porch of the church as requested by the Diocese. There is an option to make a donation to the Sound System Fund on there should you wish to contribute! Thank you.

**MASS INTENTIONS**

It might be a relative's birthday, wedding, baptism or you just want to thank them for their kindness. What better way to show your appreciation than to have a Mass offered for their intentions? We are also aware that unless we are living Saint's, all of us will need the prayers of our living relatives and especially the Mass offered for the repose of our souls when we die. Therefore, when someone dies, it is our duty to pray for them and to have Mass offered for them. We offer Mass at the time of their death, their anniversary, perhaps on their birthday or other notable dates in their lives. Having Mass offered is a way of showing our love both for the living and the dead. Please book these through the Parish Office.

**SAFEGUARDING UPDATE**

We have now appointed our new Safeguarding Representative, a huge thank you to Patrick Smith for undertaking this task. He will be in contact with a number of volunteers shortly to complete or renew their DBS checks. Should you need a print out of the forms to complete, please do ask the celebrating Priest after Mass for a copy from the Sacristy, or speak to Chelsea in the Parish office during office hours to collect them.

**MRS ALICIA SHACKLETON RIP**

The funeral for the late Alicia Shackleton will take place here on Monday 20th February at 12noon. Please keep Alicia and her family in your prayers during this difficult time.

<b>Confirmation Class</b> on Mondays 6:30pm—7:30pm	"Why did Jesus have to die?" on 20th February in Kensal Rise
<b>First Holy Communion Class</b> on Mondays 5:30pm—6:30pm	"Celebration, our Rescue" at SMM school on 20th February

**MASS INTENTIONS**

11th February 2023 – 18th February 2023

Date	Time	Intention
Sat 11th	5pm	Jeremiah, John & Bridget Lucey (Anniversary)
Sun 12th	8am	People of the Parish
	10am	Cecilia Collins Mullen (13th Anniversary)
	11:30am	Italian Mass
Tues 14th	10am	Nuala & Wendy Levingstone (Intentions)
Wed 15th	10am	Filomena Tuazon (2nd Anniversary)
Thur 16th	10am	Bob, Rita & Ann Bolsover RIP
Fri 17th	10am	Mandie Lavin RIP
Sat 18th	5pm	People of the Parish

<b>Main Altar Sanctuary Lamp</b>	People of the Parish
<b>Sacred Heart</b>	Cecilia Collins Mullen (13th Anniversary)
<b>Our Lady</b>	The people of Syria & Turkey

Thank you for your generous contribution during these times. We currently do not have a card machine so for bank transfers, the details are -  
**HSBC Bank: WRC DT Kensal Rise**  
 Sort code: 40-05-20 Account no: 41094882

**VOLUNTEERS NEEDED**

If you come to Mass on Sunday at 8am, please do sign up read once a month! Please contact John Ireland on john@johnireland.me or give Chelsea a call.

**LENT SMALL PRAYER GROUP**

The Small Prayer Group meet every Thursday during Lent after 10am Mass. Please do pop up to the Newman Room to take part!

**SUNDAY CAKE SALE**

We desperately need donations of cakes on a Sunday for our Justice & Peace cake sale. Please do speak to Oonagh to register to bring something once a month.

**ANNUAL MASS FOR MATRIMONY**

To put your name down to attend the Mass for Matrimony at the Cathedral on Saturday 13th May at 2.30pm please contact Chelsea in the Parish.

**FLAME 2023**

Flame is the biggest Catholic youth event in the UK and will take place on Saturday 4 March 2023 at OVO Wembley Arena. It starts at 12noon until 5.40pm. The theme is "Rise Up!" Rise up after the pandemic, Rise up as young Catholics, Rise up – as Mary did – for the surprising and beautiful adventure that is our Catholic faith.

It is open to everyone aged school Year 9 (usually 14 years old) through to University age. The cost is £24. Should you wish to join us on this fantastic day out, please register your interest and pay for ticket through the Parish Office.

**THE TRANSFIGURATION CATHOLIC CHURCH KENSAL RISE**



Chamberlayne Road, NW10 3HT

**SIXTH SUNDAY IN ORDINARY TIME**

Tel: 020 454 23716

Email: kensalrise@rcdow.org.uk

Web: www.transfigparishkensalrise.org.uk

Facebook Page: www.facebook.com/COTTKR

12th February 2023

You have learnt how it was said to our ancestors; but I say this to you (Mt 5:17-37)

**Meditation:** Why do people tend to view the "law of God" negatively rather than positively? Jesus' attitude towards the law of God can be summed up in the great prayer of Psalm 119: "Oh, how I love your law! It is my meditation all the day."

For the people of Israel the "law" could refer to the Ten Commandments or to the five Books of Moses, called the Pentateuch or Torah, which explain the commandments and ordinances of God for his people. The "law" also referred to the whole teaching or way of life which God gave to his people. The Jews in Jesus' time also used it as a description of the oral or scribal law. Needless to say, the scribes added many more things to the law than God intended. That is why Jesus often condemned the scribal law because it placed burdens on people which God had not intended.

**The essence of God's law**

Jesus made it very clear that the essence of God's law - his commandments and way of life, must be fulfilled. God's law is true and righteous because it flows from his love, goodness, and holiness. It is a law of grace, love, and freedom for us. That is why God commands us to love him above all else and to follow in the way of his Son, the Lord Jesus who taught us how to love by laying down our lives for one another.

**Reverence and respect**

Jesus taught reverence and respect for God's law - reverence for God himself, reverence for the Lord's Day, reverence or respect for parents, respect for life, for property, for another person's good name, respect for oneself and for one's neighbour lest wrong or hurtful desires master and enslave us. Reverence and respect for God's commandments teach us the way of love - love of God and love of neighbour. What is impossible to humans is possible to God who gives generously of his gifts and the power of the Holy Spirit to those who put their faith and trust in him.

God gives us the grace, help, and strength to love as he loves, to forgive as he forgives, to think and judge as he judges, and to act as he acts with mercy, loving-kindness, and goodness. The Lord loves righteousness and hates wickedness. As his followers we must love his commandments and hate every form of sin and wrong-doing. If we want to live righteously as God desires for us, then we must know and understand the intention of God's commands for us, and decide in our heart to obey the Lord. Do you seek to understand the intention of his law and to grow in wisdom of his ways?

**The Holy Spirit transforms our minds and hearts**

Jesus promised his disciples that he would give them the gift of the Holy Spirit who writes God's law of love and truth on our hearts. The Holy Spirit teaches us God's truth and gives us wisdom and understanding of God's ways. The Spirit helps us in our weakness, strengthens us in temptation, and transforms us, day by day, into the likeness of Jesus Christ, our Merciful Saviour and Humble Lord. There is great blessing and reward for those who obey God's commandments and who encourage others, especially the younger generations, to love, respects, and obey the Lord. Do you trust in God's love and allow his Holy Spirit to fill you with a thirst for holiness and righteousness in every area of your life? Ask the Holy Spirit to fill your heart with a burning desire and reverence for God's life-giving word so that you may grow day by day in the wisdom and knowledge of God's love, truth, and goodness.

**Prayer**

Lord Jesus, begin a new work of love within me. Instil in me a greater love and respect for your commandments. Give me a burning desire to live a life of holiness and righteousness. Purify my thoughts, desires, and intentions that I may only desire what is pleasing to you and in accord with your will.

**PARISH TEAM**

Parish Priest  
**Monsignor Roger Reader**  
 rogerreader@rcdow.org.uk

Assistant Priest  
**Fr Allan Alvarado Gil**  
 allanalvarado@rcdow.org.uk

Italian Chaplaincy  
**Fr Natalino Mignolli**

Parish Secretary  
**Chelsea Bottomley**  
 kensalrise@rcdow.org.uk  
 Parish office open: Mondays, Tuesdays, Wednesdays & Thursdays 9:30am - 2:00pm

**Sunday Masses:** (Sat 5pm)  
 Sun 8am & 10am  
**Italian Mass:** Sun 11:30am  
**Weekday Masses:**  
 Tues, Wed, Thurs & Fri 10am  
**Confession:** Sat 4pm before Mass or by appointment  
**Exposition:** Tuesday, Wednesday, Thursday & Friday before Mass

**LAST WEEK'S OFFERING**  
 £496.98

**JANUARY'S STANDING ORDERS**  
 £3,427

**JANUARY CONTACTLESS INCOME**  
 £185.84

Thank you for your contribution to the Parish!

This Parish is part of Westminster Roman Catholic Diocesan Trust (WRC DT) Registered Charity No: 233699

**PLEASE PRAY FOR ALL THOSE IN THE PARISH WHO ARE SICK AND/OR HOUSEBOUND AND ALSO THOSE WHO HAVE NOBODY ELSE TO PRAY FOR THEM**

*Fr Allan*