



THE TRANSFIGURATION, KENSAL RISE

Sunday Masses: (Sat 6pm) Sun 9am, 11am & 5pm Italian: 12.30pm

Holydays: 10am & 7pm **Holy Hour:** Fri 6pm

Weekday Masses: Mon & Fri 7pm **Tues, Wed, Thu & Sat 10am**

Confession: Sat 10.30-11.15am & 5-5.45pm and on request

25TH SUNDAY IN ORDINARY TIME (C)

18 SEPTEMBER 2016

NEWSLETTER

MERCY AND CONFESSION



When Pope Francis announced the Holy Year of Mercy in St Peter's, Rome, he made a very public act by immediately walking to the nearest confessional and making his confession. The Sacrament of Confession is at the heart of the Year of Mercy. I believe that there has been a great loss of any sense of sin, even within the Catholic community and therefore, to help all of us, we are printing an examination of conscience. If you are one of those who have been away from the Sacrament, I hope this will be of help to you.

AN EXAMINATION OF CONSCIENCE

- Have I been impatient, angry or jealous?
- Have I refused to forgive?
- Have I been verbally or physically violent to others?
- Have I been racist in my thoughts, words or deeds?
- Have I hurt anyone by speaking badly about them?
- Have I betrayed confidences?
- Have I judged others?
- Have I taken part in or encouraged abortion, the destruction of human embryos, euthanasia or any other means of taking human life/
- Have I been drunk or used illegal drugs?
- Have I driven dangerously or inconsiderately?
- Have I spoken in an obscene way?
- Have I looked at obscene films or books?
- Have I been involved in any impure behaviour on my own or with someone else?
- Have I stolen anything?
- Have I failed to contribute to the support of the Church in proportion to my means?
- Have I cheated my employers or employees?
- Have I misused or damaged the property of others?
- Have I given scandal or bad example?
- Have I been lazy at my work, study or domestic duties?
- Have I experimented with the occult, fortune-tellers or horoscopes?
- Have I blasphemed against God or used bad language?
- Have I missed Mass on Sundays or Holy Days through my own fault?
- Have I let myself be distracted at Mass or distracted others?
- Have I received Holy Communion in a state of mortal Sin?
- Have I received Holy Communion without proper reverence, care or thanksgiving?
- Have I been vain, proud, selfish or self-seeking?
- Have I rejected my faith or refused to find out more about it?
- Have I neglected my daily prayers or said them badly?
- Have I failed to pass on the Catholic faith to my children?

ACT OF CONTRITION

Oh my God, I am very sorry that I have sinned against you and with the help of your grace, I will not sin again.

Presbytery: 1 Wrentham Avenue, London, NW10 3HT **Tel:** 020 8964 4040

E-mail: churchofthetransfiguration@hotmail.com

Parish magazine: Transfigurationparishmag@outlook.com

Website: www.transfigparishkensalrise.org.uk

Westminster Charity No: 233699

Parish Priest: Fr Sean Thornton **E-mail:** frseanthornton@btinternet.com

FEASTS AND MASS INTENTIONS

18-25 September

Sat	17th	6pm	Patsy O'Sullivan (A)
Sun	18th	9am	Jocelyn McIntosh (RIP)
Sun	18th	11am	People of the Parish
Sun	18th	5pm	Janet & Family (Ints)
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Mon	19th	7pm	John Barun (A)
Tue	20th	10am	Fr Norman Wrigley (RIP)
Wed	21st	10am	St Matthew, Apostle Bridie Murphy (RIP)
Thu	22nd	10am	Malachy Cox (A)
Fri	23rd	7pm	St Pius of Pietrelcina, Priest Una & Hugh Callaghan (RIP)
Sat	24th	10am	Jack & Liz (Ints)
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Sat	24th	6pm	People of the Parish (Ints)
Sun	25th	9am	Bridie Murphy (RIP)
Sun	25th	11am	Larry (Ints)
Sun	25th	5pm	Moirra & Kevin (Sp Ints)

SANCTUARY LAMP AND SIDE ALTAR LAMPS

Main Altar: Holy Souls
Sacred Heart: Pope Francis
Our Lady: Benedict XVI, Pope Emeritus

RAMSGATE SHRINE AND CANTERBURY CHRISTMAS MARKET

Parish Coach trip to Ramsgate/Canterbury on December 3rd. The £20 fee for this trip needs to be paid asap to the parish office. The deadline is today, Sunday 18th September. As this trip was over subscribed, places will be allocated on a first come, first served basis.

FAMILY FUN RUN: SUNDAY 9TH OCTOBER

Calling all junior athletes (and those slightly less sporty too!). Raise funds for the senior citizens' Christmas Lunch by joining a sponsored run around Tiverton Park at **midday on Sunday 9th October**. One circuit is just 400m so whether you're the next Usain Bolt or another Mo Farah in the making, a toddler toddling or a teenager trending, put on your trainers and come for a run!

Everyone else: please sponsor the athletes and support them on the day. Rain or shine!

Sponsorship Forms available at the back of the church..
 Further information (and electronic forms) from rupert@fineart-lighting.com

WALSINGHAM COLLECTION NEXT WEEKEND

On the 24th September we shall be celebrating the feast of Our Lady of Walsingham, and on this weekend the Bishops have asked all parishes to have a second collection to help in the developments of England's National Shrine to Our Lady. We are looking to upgrade existing buildings and build new facilities, to help us serve the increasing numbers of pilgrims, who continue to walk in the Walsingham Way, since the shrine was established in 1061. Our aims are to update our facilities, and to make provision for sick and disabled pilgrims and to have facilities for young people to come on pilgrimage. Full details are given on our website www.walsingham.org.uk Thank you for your generosity. Mgr. John Armitage, Rector

HYMNS FOR 9AM MASS		HYMNS FOR 11AM MASS	
Entrance	886	Entrance	469
Kyrie	German Mass	Kyrie	Heritage Mass
Gloria	German Mass	Gloria	Heritage Mass
Gospel Acclamation	540	Gospel Acclamation	536
Offertory	602	Offertory	603
Sanctus	German Mass	Sanctus	Heritage Mass
Memorial Accl	Sung	Memorial Accl	Sung
Agnus Dei	German Mass	Our Father	30
Communion	658	Agnus Dei	Heritage Mass
Recessional	880	Communion	660
New members warmly welcomed to join the choir. Practice Monday evenings 8-9 pm		Recessional	654

YEAR OF MERCY

The Hail Holy Queen (Salve Regina)

Hail, holy Queen, Mother of mercy Hail, our life,
 our sweetness, and our hope!
 To thee do we cry, poor banished children of Eve,
 To thee do we send up our sighs,
 Mourning and weeping in this vale of tears
 Turn then, most gracious advocate,
 thine eyes of mercy toward us
 And after this our exile show unto us
 The blessed fruit of thy womb, Jesus
 O clement, O loving, O sweet Virgin Mary

V. Pray for us, O holy Mother of God.
 R. That we may be made worthy
 of the promises Of Christ

SCHOOL FORMS

We are at that time again when people are asking me to sign school application forms. If you wish your form to be signed, please make an appointment and do not turn up at the door nor hand it to me after Sunday Mass. The new certificate of Catholic Practice has been issued by the Bishops' Conference of England and Wales. I can only sign this certificate for children from practising Catholic families, i.e. that you attend Mass here every Sunday. If you only attend occasionally i.e. once a month or once a fortnight, I will only sign the certificate if you can produce a letter from the Parish Priest where you attend on the other Sundays. **PLEASE NOTE: I DO NOT SIGN APPLICATION FORMS FOR NON-CATHOLIC SCHOOLS.** I was horrified but sadly not surprised that a family in the parish had started to alternate attending here and a local Anglican church to better their prospects of their child receiving a place at a local Anglican school. **HOW LOW CAN YOU STOOP?**

LAST WEEK'S COLLECTION
 Apologies, figures
 unavailable

REFRESHMENTS
 are available upstairs
 after the **9 and 11am**
 Masses for the
 Burkina Faso project.

PLEASE PRAY FOR ALL THOSE IN THE PARISH WHO ARE SICK AND/OR HOUSEBOUND AND ALSO THOSE WHO HAVE NOBODY ELSE TO PRAY FOR THEM