

MASS INTENTIONS

10th August – 17th August

Date	Time	Intention
Sat 10th	5pm	Sarah & Luke Courtney (Anniversary)
Sun 11th	8am	People of the Parish
	10am	Louis Charles Bading & Olivier Taika RIP
	11:30am	Italian Mass
Mon 12th	10am	Mamie Murphy (Intentions)
Tues 13th	10am	Teresa Barun RIP
Wed 14th	10am	Tom Tighe (Anniversary)
Thur 15th	10am	Deceased friends and family of Catherine Long
Fri 16th	10am	Eugene O'Sullivan (Anniversary)
Sat 17th	5pm	Peggy Murphy (Birthday Anniversary)

Main Altar Sanctuary Lamp	People of the Parish
Sacred Heart	Thanksgiving
Our Lady	Pastoral care of the sick

PARISH OFFICE CLOSED

The Parish Office **will reopen on Monday**. All emails and voicemails will be checked once the office reopens.

If you have an urgent enquiry, please contact Monsignor Roger Reader via email using the information in the Parish Team section of this newsletter. Thank you.

FR ALLAN'S MASS OF THANKSGIVING

We will be holding a Mass here at Kensal Rise on **Friday 13th September at 7pm**, as many parishioners are currently away, which will be a mass of thanksgiving for Fr Allan. Please put this date in your diaries. There will be a celebration after the mass. More information will follow soon.

WALSINGHAM PILGRIMAGE 21st September 2024

On Saturday 21st September, there will be a day trip to Walsingham, leaving here at 7am, returning the same evening. The cost per person is £28.50 for your coach travel and levy. Please take a leaflet for more information.

BOOKINGS WILL OPEN ON 12th AUGUST, PLEASE DO NOT RETURN YOUR BOOKING FORM UNTIL THEN.

NEW PARISHIONER?

Welcome! Please visit our Parish website and register as a Parishioner to receive your welcome pack. www.transfigparishkensalrise.org.uk

MASS INTENTIONS AVAILABLE TO BOOK

3 Masses left in September
10 Masses left in October
2 Masses left in November
0 Masses left in December

Please see Chelsea in the Parish Office if you would like to book in a Mass for a loved one.

PARISH TEAM

Parish Priest
Monsignor Roger Reader
rogerreader@rcdow.org.uk
0208 451 4677

Assistant Priest
Fr Allan Alvarado Gil
allvarado@rcdow.org.uk

Italian Chaplaincy
Fr Natalino Mignolli

Parish Secretary
Chelsea Bottomley
kensalrise@rcdow.org.uk
Parish office open: Mon, Tues, Wed, Thurs 9:30am - 2:00pm

Sunday Masses: (Sat 5pm)
Sun 8am & 10am
Italian Mass: Sun 11:30am
Weekday Masses: Mon, Tues, Wed, Thurs & Fri 10am
Confession: Sat 4pm before Mass or by appointment
Exposition: Tuesday, Wednesday, Thursday & Friday before Mass

LAST WEEKS OFFERING to be announced when office reopens

JUNE STANDING ORDERS
£2,948.50

CONTACTLESS INCOME JUNE
£454.00

Thank you for your contribution to the Parish!

This Parish is part of
Westminster Roman Catholic
Diocesan Trust (WRCDT)
Registered Charity No: 233699

THE TRANSFIGURATION CATHOLIC CHURCH KENSAL RISE

Chamberlayne Road, NW10 3HT

NINETEENTH SUNDAY IN ORDINARY TIME

Anyone who eats this bread will live for ever
(Jn 6:41-51)

Meditation: God offers his people abundant life, but we can miss it. What is the bread of life which Jesus offers? It is first of all the life of God himself - life which sustains us not only now in this age but also in the age to come. The Rabbis said that the generation in the wilderness have no part in the life to come. In the Book of Numbers, it is recorded that the people who refused to brave the dangers of the promised land were condemned to wander in the wilderness until they died. The Rabbis believed that the father who missed the promised land also missed the life to come. God sustained the Israelites in the wilderness with manna from heaven. This bread foreshadowed the true heavenly bread which Jesus would offer his followers.

Jesus is the "bread of life"

Jesus makes a claim only God can make: He is the true bread of heaven that can satisfy the deepest hunger we experience. The manna from heaven prefigured the superabundance of the unique bread of the Eucharist or Lord's Supper which Jesus gave to his disciples on the eve of his sacrifice. The manna in the wilderness sustained the Israelites on their journey to the Promised Land. It could not produce eternal life for the Israelites. The bread which Jesus offers his disciples sustains us not only on our journey to the heavenly paradise, it gives us the abundant supernatural life of God which sustains us for all eternity.

The food that makes us live forever

When we receive from the Lord's table we unite ourselves to Jesus Christ, who makes us sharers in his body and blood and partakers of his divine life. Ignatius of Antioch (35-107 A.D.), an early church father and martyr, calls it the "one bread that provides the medicine of immortality, the antidote for death, and the food that makes us live for ever in Jesus Christ" (Ad Eph. 20,2). This supernatural food is healing for both body and soul and strength for our journey heavenward.

Do you hunger for the "bread of life"?

Jesus offers us the abundant supernatural life of heaven itself - but we can miss it or even refuse it. To refuse Jesus is to refuse eternal life, unending life with the Heavenly Father. To accept Jesus as the bread of heaven is not only life and spiritual nourishment for this world but glory in the world to come. When you approach the Table of the Lord, what do you expect to receive? Healing, pardon, comfort, and rest for your soul? The Lord has much more for us, more than we can ask or imagine. The principal fruit of receiving the Eucharist or Lord's Supper is an intimate union with Christ. As bodily nourishment restores lost strength, so the Eucharist strengthens us in charity and enables us to break with disordered attachments to creatures and to be more firmly rooted in the love of Christ. Do you hunger for the "bread of life"?

Prayer

*Lord Jesus, you are the living bread which sustains me in this life.
May I always hunger for the bread which comes from heaven
and find in it the nourishment and strength I need to love and serve you wholeheartedly.
May I always live in the joy, peace, and unity of the Father, Son, and Holy Spirit,
both now and in the age to come.*



Tel: 020 454 23716

Email: kensalrise@rcdow.org.uk

Web: www.transfigparishkensalrise.org.uk

Facebook Page: www.facebook.com/COTTKR

11th August 2024

**PLEASE PRAY FOR ALL THOSE IN THE PARISH WHO ARE SICK AND/OR HOUSEBOUND
AND ALSO FOR THOSE WHO HAVE NOBODY ELSE TO PRAY FOR THEM**

Fr Allan